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Budget 2025 - 2026													
Profit and Loss													
Number of days	21	23	20	23	22	21	23	21	18	22	20	21	
	2025									2026			
Food Sales	**Apr**	**May**	**Jun**	**Jul**	**Aug**	**Sep**	**Oct**	**Nov**	**Dec**	**Jan**	**Feb**	**Mar**	**Total**
Baking	504	574	466	506	482	450	514	530	529	514	530	529	**6,126**
Beverages	814	790	664	721	726	560	639	660	658	639	660	658	**8,190**
Cereals	1,017	1,091	1,033	1,092	1,059	998	1,140	1,177	1,174	1,140	1,177	1,174	**13,272**
Fruit	1,082	1,124	1,004	1,276	1,140	1,261	1,440	1,486	1,482	1,440	1,486	1,482	**15,702**
Nuts	2,260	2,358	1,898	2,136	2,257	1,541	1,760	1,817	1,813	1,760	1,817	1,813	**23,229**
Oils & Vinegars	503	543	505	566	562	429	490	505	504	490	505	504	**6,106**
Pasta	209	223	206	200	186	220	252	260	259	252	260	259	**2,785**
Pulses	113	111	99	92	81	141	161	166	165	161	166	165	**1,621**
Rice & Grains	364	341	291	296	300	313	357	369	368	357	369	368	**4,091**
Seasonings	457	454	373	412	568	479	547	564	563	547	564	563	**6,090**
Seeds	463	653	501	547	544	383	437	451	450	437	451	450	**5,767**
Snacks	1,957	1,640	1,375	1,546	1,661	2,102	2,401	2,478	2,473	2,401	2,478	2,473	**24,985**
Sugars	155	138	150	165	172	182	208	215	214	208	215	214	**2,237**
Total Food Sales	**9,896**	**10,040**	**8,563**	**9,554**	**9,738**	**9,058**	**10,346**	**10,677**	**10,653**	**10,346**	**10,677**	**10,653**	**120,201**
Non-Food Sales													
Household	2,310	2,366	2,164	2,218	2,459	2,169	2,477	2,557	2,551	2,477	2,557	2,551	**28,856**
Local Products	111	165	118	107	95	123	141	146	145	141	146	145	**1,583**
Personal Care	1,225	1,314	1,019	1,377	1,434	1,204	1,376	1,420	1,416	1,376	1,420	1,416	**15,996**
Total Non_food Sales	**3,646**	**3,845**	**3,301**	**3,702**	**3,988**	**3,497**	**3,994**	**4,122**	**4,112**	**3,994**	**4,122**	**4,112**	**46,435**
Miscellaneous (discounts etc)	**-119**	-122	-116	-86	-107	-110	-110	-110	-110	-110	-110	-110	**-1320**
Total Sales	**13,423**	**13,763**	**11,748**	**13,170**	**13,619**	**12,445**	**14,241**	**14,699**	**14,667**	**14,241**	**14,699**	**14,667**	**165,381**
Daily Average	639	598	587	573	619	593	619	700	815	647	735	698	
Cost of Sales													
Cost of goods sold Food	5,749	5,553	5,094	5,920	4,942	5,435	6,208	6,406	6,392	6,208	6,406	6,392	**70,704**
Cost of Goods Sold non food	1,600	2,111	1,793	2,010	2,559	2,098	2,396	2,473	2,467	2,396	2,473	2,467	**26,846**
Direct Expenses	66	48	40	23	95	30	27	27	27	27	27	27	**463**
Total Cost of Sales	**7,415**	**7,713**	**6,927**	**7,953**	**7,596**	**7,563**	**8,631**	**8,906**	**8,886**	**8,631**	**8,906**	**8,886**	**98,014**
Gross Profit	**6,008**	**6,050**	**4,821**	**5,217**	**6,023**	**4,882**	**5,610**	**5,793**	**5,780**	**5,610**	**5,793**	**5,780**	**67,368**
Gross Profit %	**44.8%**	**44.0%**	**41.0%**	**39.6%**	**44.2%**	**39.2%**	**39.4%**	**39.4%**	**39.4%**	**39.4%**	**39.4%**	**39.4%**	**40.7%**

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Administrative Costs	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
Staff costs													
Salaries	2,828	2,828	2,828	2,828	2,828	2,828	3,278	3,278	3,278	3,278	3,278	3,278	**36,630**
Pensions Costs	71	85	85	85	85	85	85	85	85	85	85	85	**1,004**
Volunteer costs	19	65	150	31	19	30	120	30	30	170	30	30	**724**
Total Staff costs	**2,918**	**2,977**	**3,062**	**2,943**	**2,931**	**2,942**	**3,482**	**3,392**	**3,392**	**3,532**	**3,392**	**3,392**	**38,358**
Marketing costs													
Outreach work	**3**	**0**	**0**	**0**	**0**	**10**	**10**	**10**	**10**	**10**	**10**	**10**	**73**
Advertising & Marketing	0	2	56	0	4	12	12	12	12	12	12	12	**146**
Printing & Stationery	8	38	29	19	0	40	40	40	40	40	40	40	**374**
Charitable Donations	0	0	0	0	20	0	20	20	20	0	10	10	**100**
Total Marketing costs	**11**	**40**	**85**	**19**	**24**	**62**	**82**	**82**	**82**	**62**	**72**	**72**	**693**
Premises costs													
Rent and service charge	1,146	1,146	1,146	1,146	1,146	1,146	1,146	1,146	1,146	1,146	1,146	1,146	**13,750**
Rates and water	113	113	120	120	120	120	120	120	120	120	120	120	**1,422**
Light, Power, Heating	153	116	128	126	125	116	132	133	170	159	182	147	**1,687**
Telephone & Internet	22	22	22	22	22	22	22	22	22	22	22	22	**269**
Cleaning	36	71	142	124	39	55	55	55	55	55	55	55	**797**
Repairs & Maintenance	256	24	3	150	101	100	100	100	100	100	100	100	**1,234**
Total Premises costs	**1,726**	**1,492**	**1,561**	**1,688**	**1,553**	**1,559**	**1,575**	**1,575**	**1,612**	**1,602**	**1,625**	**1,590**	**19,159**
Other costs													
Insurance	73	73	99	53	53	52	52	52	52	52	52	52	**717**
Legal & Professional Expense	0	0	0	47	0	0	0	0	0	0	0	485	**532**
IT Software and Consumables	132	374	405	105	105	105	135	135	135	135	135	135	**2,034**
Subscriptions	19	19	19	19	99	19	19	19	19	19	19	19	**308**
Bank Fees	108	107	108	119	103	93	107	104	103	100	104	103	**1,259**
Total Other costs	**332**	**573**	**631**	**343**	**360**	**269**	**313**	**310**	**309**	**306**	**310**	**794**	**4,850**
Sundry expenses													
Contingency	0	0	0	0	0	300	300	300	300	300	300	300	**2,100**
Postage, Freight & Courier	10	5	10	0	4	5	5	5	5	5	5	5	**64**
Travel	0	0	0	10	0	10	10	10	10	10	10	10	**80**
Total Sundry expenses	**10**	**5**	**10**	**10**	**4**	**315**	**315**	**315**	**315**	**315**	**315**	**315**	**2,244**
Depreciation Expense	0	0	0	0	0	0	0	0	0	0	0	0	**0**
Total Administrative Costs	**4,997**	**5,088**	**5,349**	**5,003**	**4,872**	**5,147**	**5,767**	**5,674**	**5,711**	**5,818**	**5,714**	**6,164**	**65,304**
Operating Profit	**1,011**	**962**	**(528)**	**214**	**1,151**	**(265)**	**(157)**	**119**	**69**	**(208)**	**79**	**(384)**	**2,063**
Quarterly Average Profit			482			366			10			(171)	
No depreciation is accounted for													
Gross Margin average	40%												
Cost of Sales	60%												
Other costs as current, but £300/month contingency to cover increases													